

TOWARD THE ONE

Joyful and Energizing Retreat Coming to SW Michigan

with Sufi guides and Senior Teachers of Dances of Universal Peace, Wali and Ariënne at Mother's Trust/Lakeshore Interfaith Institute* on October 28-30, 2016.

Wali and Ariënne are returning to Michigan for the second year! They travel extensively throughout Europe to be with their students, who are spread around the continent, offering Dance leader training and inspirational retreats. They have specialized in offering stimulating feedback to emerging and more experienced leaders, interweaving specific feedback on leadership style with more general background and insight. This year's retreat will incorporate this experience of "dance deepening" for leaders and dancers. Their manual on dance techniques 'On with the Dance', has been published in 7 different languages. They hope to have the sequel to this manual, focused on attunement, ready in time for this US visit. They have produced several CD's and dance instruction booklets, which will be available, as well as their new CD, Send Us the Peace.



Wali & A's website: www.peaceinmotion.eu

Mother's Trust: www.motherstrust.org

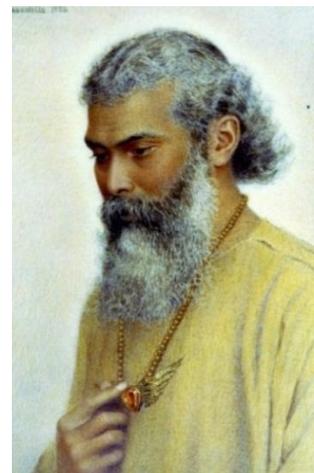
The focus of this year's retreat will be the Invocation. Hazrut Inayat Khan's Invocation is often recited, but is also a source of many questions and discussions. For instance why do we go toward the one if we already are in the One? In this retreat, we may see how Inayat Khan's background and writings offers answers to this and many other questions, so we can learn to take the Invocation as a blueprint for our own development.



The retreat will start on Friday at 7:00 pm and end on Sunday at 3pm. Lunch and dinner on Saturday will be provided. A lovely, comfortable retreat house, which can provide room for 10-12 guests, is located on the Ashram property, and other nearby lodging is also possible. **Register early if you are interested in either of these homes for your overnight lodging.**

The Interfaith Center has gorgeous grounds, a small labyrinth, woods, gardens and peaceful vibrations. The heart of the Center is the serene, inspiring and beautiful temple which has amazing acoustics

Ganges is a tiny town, a few miles south of the artistic tourist destination, Saugatuk. Several of Lake Michigan's scenic beaches are within a few miles.



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